



STOMP THE SWAMP SNOWSHOE EVENT

5K • 10K RACE • and 5K walk

Covid 19 race changes for 2021

Sunday, January 3rd 2021 at Nine Mile Forest – Wausau, WI

All entrants must be preregistered by **Friday Jan 1st**. There is no same day or online registration.

Must mail in entry forms only. **Fee is \$15.00**. There will be no shirts, food or awards. Finisher medals to

all who finish. Results will be on **Webscorer.com** with age group of 10 year increments.

Pick up bib# at timing tent prior to race. Shelter will be open for bathroom use only. (Due to covid

Parks Department is limiting time use in shelter.) Remain in your vehicle for warmth until

race start or warm up on course with mask on.

You must carry your own water and nourishment for race. There will be no aid or water station.

Download entry form here or email jjpunke@aol.com for form. Mail entry form and check made out to

Big Eau Pleine Park Trail Run to Punke 3703 n 18th ave, Wausau WI 54401

Questions: call/text Judy at 715-348-6230 email jjpunke@aol.com

Race and walk start at 10 AM. All participates to social distance and to wear mask at start of race and

may remove once running/walking but to have on again at finish line

Please circle your race: 5k or 10K

_____/_____/_____/_____/_____
LAST NAME FIRST NAME M/F AGE BIRTHDAY

_____/_____/_____/_____
STREET ADDRESS CITY STATE PHONE#

EMAIL ADDRESS: _____ (FOR NEXT YEAR'S MAIL IN)

****PLEASE SIGN WAIVER ON PAGE 2 AND MAIL IN WITH REGISTRATION FORM****

RELEASE, INDEMNIFICATION AND HOLD HARMLESS AGREEMENT

In consideration of participating in activities, and for other good and valuable consideration, I hereby agree to **release and discharge from liability** arising from negligence Marathon Parks system and its owners, directors, officers employees, agents, volunteers, participants, and all other persons or entities acting for them (hereinafter collectively referred to as "Releasees"), on behalf of myself and my children, parents, heirs, assigns, personal representative and estate, and also agree as follows:

1. I acknowledge that participating in snowshoeing activities involves known and unanticipated risks which could result in physical or emotional injury, paralysis or permanent disability, death, and property damage. Risks include, but are not limited to, broken bones, torn ligaments or other injuries as a result of falls or contact with other participants; death as a result of drowning or brain damage caused by near drowning in pools or other bodies of water; medical conditions resulting from physical activity; and damaged clothing or other property. I understand such risks simply cannot be eliminated, despite the use of safety equipment, without jeopardizing the essential qualities of the activity.
2. **I expressly accept and assume all of the risks inherent in this activity or that might have been caused by the negligence of the Releasees.** My participation in this activity is purely voluntary and I elect to participate despite the risks. In addition, if at any time I believe that event conditions are unsafe or that I am unable to participate due to physical or medical conditions, then I will immediately discontinue participation.
3. **I hereby voluntarily release, forever discharge, and agree to indemnify and hold harmless Releasees from any and all claims, demands, or causes of action which are in any way connected with my participation in this activity, or my use of their equipment or facilities, arising from negligence. This release does not apply to claims arising from intentional conduct.** Should Releasees or anyone acting on their behalf be required to incur attorney's fees and costs to enforce this agreement, I agree to indemnify and hold them harmless for all such fees and costs.
4. I represent that I have adequate insurance to cover any injury or damage I may suffer or cause while participating in this activity, or else I agree to bear the costs of such injury or damage myself. I further represent that I have no medical or physical condition which could interfere with my safety in this activity, or else I am willing to assume – and bear the costs of – all risks that may be created, directly or indirectly, by any such condition.
5. In the event that I file a lawsuit, I agree to do so in the state where Releasees' facility is located, and I further agree that the substantive law of that state shall apply.
6. I agree that if any portion of this agreement is found to be void or unenforceable, the remaining portions shall remain in full force and effect.

By signing this document, I agree that if I am hurt or my property is damaged during my participation in this activity, then I may be found by a court of law to have waived my right to maintain a lawsuit against the parties being released on the basis of any claim for negligence.

I have had sufficient time to read this entire document and, should I choose to do so, consult with legal counsel prior to signing. Also, I understand that this activity might not be made available to me or that the cost to engage in this activity would be significantly greater if I were to choose not to sign this release, and agree that the opportunity to participate at the stated cost in return for the execution of this release is a reasonable bargain. **I have read and understood this document and I agree to be bound by its terms.**

I do know the risk of possible contracting covid 19 from a group setting. I will do social distancing and wear a mask to keep others safe. I have no signs or symptoms of covid at the time of this event.

Signature _____

DATE _____

**PARENT OR GURADIAN ADDITIONAL AGREEMENT
(Must be completed for participants under the age of 18)**

In consideration of _____ (PRINT minor's names) being permitted to participate in this activity, I further agree to indemnify and hold harmless Releasees from any claims alleging negligence which are brought by or on behalf of minor or are in any way connected with such participation by minor.

Parent or Guardian _____

Date _____