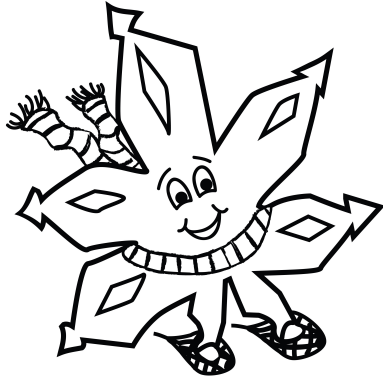


# Phillips Flurry Snowshoe 5k & 10k Run/Walk



**Date:** Saturday, January 22, 2011

**Registration:** 8:00 – 9:30 A.M.

**Race Start:** 10:00 A.M. (5k & 10k Race)

**Entry Fees:**

\$19.00 Pre-register (postmarked by 1/12/11)

\$24.00 After 1/12/11, including Race Day

\$ 4.00 Children ages 9 & under (no t-shirt; only participation award)

\*Families of 4 or more, including parents and children, who submit all registration forms together, receive a \$2.00 discount per participant

Sponsored by:



**Marshfield  
Clinic**

**Awards:** In each event, custom trophies to the overall male & female finishers and medals to the top three males & females in the following age groups: 10-14; 15-19; 20-29; 30-39; 40-49; 50-59; 60-69; 70+. Also, all children ages 9 and under will receive a special participation award!

**Course:** Both courses consist of groomed ski trails and packed single track on the rolling terrain through the beautiful school forest and feature a few large hills.

**Perks:** Long sleeve t-shirts guaranteed only for those who preregister. Extra shirts will be available on a first come-first serve basis. Door prizes including skis & snowshoes will be drawn for those in attendance at awards ceremony. Refreshments will be available for purchase.

**Location:** The race, registration & post race activities (including awards, chili feed, bake sale, etc) will be held at the Phillips School Forest. From Highway 13, go East on County Hwy H 3.5 miles; turn South on Big Elk Road for ½ mile; when the road splits, stay right on Worcester Road and follow the signs to the entrance.

**Series:** The race is part of the "Braveheart Snowshoe Running Series" which culminates at the 2011 USSSA National Snowshoe Championships that will be held near Cable, Wisconsin. For more information see [cutemoose.net](http://cutemoose.net) or [uppermidwesttrailrunners.com](http://uppermidwesttrailrunners.com).

**Contact Information:** Ron and Chris Kendziera; c/o The Crazy Loon, 125 North Lake Avenue, Phillips, WI 54555

Website: [www.thecrazyloon.com](http://www.thecrazyloon.com)

Email: [tcloon@pctcnet.net](mailto:tcloon@pctcnet.net) Phone: (715) 339-6254

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**Make checks payable to "Flambeau Nordic Ski Club"**

**Mail Registration to Flambeau Nordic Ski Club, c/o The Crazy Loon, 125 North Lake Avenue, Phillips, WI 54555**

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First Name: \_\_\_\_\_ Last Name \_\_\_\_\_ Gender (circle): Male Female

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Birthdate: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age on Race Day: \_\_\_\_\_

Race Distance (circle): 5k 10k T-shirt Size (circle): S M L XL

Waiver: On behalf of myself, heirs, executors and administrators, I hereby waive, release and dismiss all claims from damages and personal injury of which I may incur before, during or after the Phillips Flurry, and against any and all race officials, sponsors and volunteers involved. I also hold harmless the Town of Worcester and the School District of Phillips. I further certify that I am physically fit to participate in the Phillips Flurry.

\_\_\_\_\_  
Signature of Participant (Parent/Guardian if under age 18)

\_\_\_\_\_  
Date

Proceeds benefit the Phillips High School Cross Country teams and the Phillips School Forest – Thanks for your support!